

OAKLAND COUNTY

HEALTH

ACENSION HOTLINE

A hotline number if you have symptoms or questions regarding COVID-19.
833-978-0649

BEAUMONT HOTLINE

A community resource for timely, accurate information about COVID-19 symptoms and virtual screening for people who are experiencing symptoms.
1-800-592-4784

ADVANTAGE HEALTH CENTERS

Community clinic for adults and children.
313-416-6262
<http://ahcdetroit.org/>

AMERICAN RED CROSS – SOUTHEASTERN MICHIGAN CHAPTER & BLOOD SERVICES REGION

Blood banks currently accepting donations. Provides emergency disaster services, volunteer opportunities, health and safety education programs, social services for military personnel, and smoke alarms.
313-833-8816
<https://www.redcrossblood.org/give.html/find-drive>

BEAUMONT HOSPITAL

Beaumont is offering COVID-19 screenings as a drive up service from 10am - 10pm. This service is not free. There is a FREE risk assessment online.
<https://www.beaumont.org/health-wellness/coronavirus/curbside-screening>

DETROIT MEDICAL CENTER HOTLINE

Call if you have symptoms or questions regarding COVID-19.
1-888-DMC-3370

COVENANT COMMUNITY CARE CENTERS

Provides primary medical care and expanded services to help support spiritual, psychological, and social health of patients. Includes family practice, internal medicine, OB/Gyn, pediatrics, cardiology, optometry, dentistry, pharmacy, behavioral health and pastoral care.

248-556-4900

<https://covenantcommunitycare.org/>

FERN CARE FREE CLINIC

Provides no-cost medical care and individual counseling to uninsured individuals. Provides non-emergency maintenance care of chronic illness, checkups, and diagnosis and treatment of acute day-to-day illnesses. Dispenses generic medications, performs basic lab tests, offers health insurance enrollment assistance, and acupuncture. Makes referrals for dental care and specialists for care beyond the scope of services.

248-677-2273

<https://ferncare.org/>

GARY BURNSTEIN COMMUNITY HEALTH CLINIC

Provides dental care, pharmaceutical services, and medical care, including family and internal medicine, cardiology, chiropractic, dermatology, ENT (Ear, Nose, and Throat), tuberculosis screening, gynecology, infectious disease, neurology, podiatry, pulmonology, rheumatology, and lab work for existing patients.

248-559-7767

<http://garyburnsteinclinic.org/>

HENRY FORD HEALTH HOTLINE

Call if you have symptoms or questions regarding COVID-19.

313-874-7500

HONOR COMMUNITY HEALTH

Provides basic health care services including physical examinations, immunizations, vaccinations, women's health care, screenings and tests, care of chronic illness, and well child visits. Also offers behavioral health consults with Primary Care Physicians, which includes crisis intervention, individual and group therapy, health screen follow-ups, and assists with integrated treatment plans.

248-724-7600

www.honorcommunityhealth.org

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

MICHIGAN ASSOCIATION OF PHYSICIANS OF INDIAN HERITAGE

Provides basic health care including physical examinations, nutrition assistance, and diagnosis and treatment of common ailments. Provides eye examinations and a dental clinic once a month.

248-996-9214

<https://www.mapiusa.org/>

MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES

Provides information regarding COVID-19 (Corona Virus) through a statewide hotline and website. Hotline staff can answer health related questions but are not able to provide clinical advice or diagnosis.

517-241-3740 (Main); 888-535-6136 (Statewide hotline)

<https://www.michigan.gov/coronavirus>

MYCARE HEALTH CENTER

Provides medical care by family practice physicians for adults, children, and infants. Services include routine care, management of chronic disease, preventative medicine, laboratory services, EKG and Pulmonary Function Tests, immunizations, and sports physicals.

586-756-7777

<http://mycarehealthcenter.org/>

NEIGHBOR FOR NEIGHBOR

Provides emergency financial assistance up to \$300 no more than once per year for those in emergency situations based on evaluation of need. Assistance may include rent assistance to prevent evictions, rental deposit assistance, utility assistance to prevent shut offs and medical bill payment assistance.

248-634-0900

<http://neighborforneighbor.net/>

OAKLAND COUNTY HEALTH DIVISION – NORTH OAKLAND HEALTH CENTER

Provides health services for the public, businesses, and educational communities. Identifies real public health issues affecting the community and addresses needs.

248-858-1280

<https://www.oakgov.com/health/pages/default.aspx>

VIRTUAL EXERCISE CLASSES

List of gyms offering free online workouts and live streaming (from CBS News).

<https://www.cbsnews.com/news/coronavirus-free-online-workout-gyms-live-stream-classes-during-outbreak/>

MENTAL HEALTH COUNSELING

ASCENSION EASTWOOD BEHAVIORAL HEALTH ADMINISTRATIVE OFFICE

Provides mental health counseling to children and adolescents.

248-465-4535

<https://healthcare.ascension.org/specialty-care/behavioral-mental-health>

ASCENSION SAINT JOHN PROVIDENCE HEALTH SYSTEM

Provides diagnostic and treatment services for adults who have acute psychiatric disorders, require hospitalization for maximum benefit, and who may be a threat to themselves, to their families or to others if left in the community or placed in a less restrictive treatment setting. Services may include a comprehensive evaluation; 24-hour care in a supportive, therapeutic environment; counseling for the patient and family; adjunctive therapies as needed; group therapy; medication, if required; and an aftercare program following discharge.

800-875-5566

<http://www.stjohnprovidence.org/Providence>

ARAB-AMERICAN AND CHALDEAN COUNCIL

Provides outpatient behavioral health services including assessment and consultation, psychological testing and evaluation, individual, marital and family counseling, and medication review. Provides infant mental health services in the home, that provides therapy and support to parents and infants to address ongoing mental health concerns, infants that suffer from low birth weight, developmental delays, emotional or behavioral problems, or a basic failure to thrive.

248-354-8460

<http://www.myacc.org/>

BEAUMONT HEALTH

Offers complete adult inpatient psychiatric care in an environment that promotes mental wellness. During hospitalization, a team of nurses, social workers, activity therapists, dietitians, psychiatrists and medical physicians care for the patient. The inpatient program focuses on treatment that will move the patient into partial hospitalization or outpatient care as quickly as possible.

248-898-7979

<http://www.beaumont hospitals.com/>

BETHANY CHRISTIAN SERVICES

Offers individual counseling for adults and children, youth, parent/child counseling, marital and premarital counseling, family therapy, psychological evaluation, substance use assessment and counseling.

248-414-4080

<https://bethany.org/locations/us/michigan/southeast-michigan>

CATHOLIC CHARITIES OF SOUTHEAST MICHIGAN

Currently offering telehealth mental health and substance use counseling.

855-882-2736

<https://ccsem.org/>

CHALDEAN COMMUNITY FOUNDATION

Provide trilingual therapy telephonically through our LLMSW Social Workers in response to the need to social distance. Our website also lists the acculturation services additionally offered which remain active telephonically.

586-722-7253

<https://www.chaldeanfoundation.org/>

CHRISTIAN FAMILY SERVICES - PROTESTANT YOUTH ORGANIZATION

Offers a wide range of counseling services including family, individual therapy, marriage counseling, pre-marital counseling, grief counseling, pastoral counseling, and counseling for children and adolescence.

248-557-8390

<http://www.cfs-michigan.org/>

COMMON GROUND RESOURCE AND CRISIS CENTER

Offers 24-hour telephone emergency crisis intervention services for individuals who are in emotional distress; who are at risk of suicide or know someone at risk; or who are unable to cope due to an underlying mental illness. Will provide local information and referrals to community services for additional assistance.

800-231-1127

<http://www.commongroundhelps.org/>

COMMUNITY CARE SERVICES

Provides outpatient mental health and substance use disorder treatment for children, teens, and adults in Southeastern, Michigan online through Telehealth.

313-398-7500

<http://www.comcareserv.org>

COMMUNITY NETWORK SERVICES

Provides behavioral health services using a variety of evidence-based interventions, including Cognitive Behavioral Therapy (CBT), as well as psychiatric evaluations, case management, and medication management.

248-745-4900

<https://www.cnshealthcare.org/>

COVENANT COMMUNITY CARE

Provides primary medical care and expanded services to help support spiritual, psychological, and social health of patients. Includes family practice, internal medicine, OB/Gyn, pediatrics, cardiology, optometry, dentistry, pharmacy, behavioral health and pastoral care.

248-556-4900

<http://www.covenantcommunitycare.org/>

CRISIS TEXT LINE

*Anxious about Coronavirus? Text HOME to 741741 to connect with a crisis counselor.
741741 (text)*

EASTERSEALS MICHIGAN

Offers individual and group counseling for adults and children, Our services include youth, parent/child counseling, parenting support groups, trauma informed counseling practices, family therapy, psychological evaluation, substance use assessment and counseling. Services our offered same day telehealth.

1-800-475-6400

www.essmichigan.org

EASTWOOD BEHAVIORAL HEALTH

Since 1970, Eastwood has provided mental health, and substance abuse treatment services throughout southeast Michigan.

800-626-3896

<https://healthcare.ascension.org/Specialty-Care/Behavioral-Mental-Health/Eastwood-Clinics>

FERNCARE FREE CLINIC

Provides no-cost medical care and individual counseling to uninsured individuals.

248-677-2273

<https://ferncare.org/>

HENRY FORD HEALTH SYSTEM - KINGSWOOD HOSPITAL

Provides diagnostic and treatment services for individuals who have acute or chronic mental or emotional disturbances, require hospitalization for maximum benefit, and who might be a threat to themselves, to their families or to others. Provides treatment of individuals who have identified mental or emotional disorders with the objective of helping them to eliminate or reduce the severity of their symptoms, to mediate disturbed patterns of behavior and to promote positive personality.

248-398-3200

<https://www.henryford.com/locations/kingswood>

JEWISH FAMILY SERVICE OF METRO DETROIT

Provides clinical behavioral health counseling for individuals, couples, families and groups, including counseling for depression, marriage, divorce, domestic violence, grief and loss, gender issues, interfaith issues, and men's and women's issues.

248-529-2313

<https://www.jfsdetroit.org/>

JEWISH FAMILY SERVICE OF METRO DETROIT – OAK PARK

Provides clinical behavioral health counseling for individuals, couples, families and groups, including counseling for depression, marriage, divorce, domestic violence, grief and loss, gender issues, interfaith issues, and men's and women's issues.

248-592-2300

<https://www.jfsdetroit.org/>

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

NATIONAL ALLIANCE ON MENTAL ILLNESS METRO – OAKLAND, WAYNE & MACOMB COUNTIES

Offers mental health services to the metro area, including Oakland County.

(248)773-2296

<http://namimetro.org/>

OAKLAND FAMILY SERVICES

Provides individual and family counseling regarding marriage, grief and loss, mental health and substance abuse issues. Also offers counseling for older adults and their caregivers.

248-858-7766

<https://www.oaklandfamilyservices.org/>

ROCHESTER AREA NEIGHBORHOOD HOUSE

Offers confidential counseling to qualified low income individuals and families. Individual counseling is available for a variety of needs including marriage, family, separation, divorce, parenting/step-parenting, depression, anxiety, stress, grief and

loss, working, caring for aging parents, coping with retirement, self-esteem issues, and adjustment issues.

248-651-5836

<https://www.ranh.org/>

SAMARITAN COUNSELING CENTER OF SOUTHEASTERN MICHIGAN

Provides therapeutic interventions that focus on helping people relate to and resolve their problems and concerns in the context of their religious/spiritual beliefs. Provides emotional support, information, and guidance to help people resolve whatever personal or interpersonal difficulties they are experiencing.

248-474-4701

<https://www.sccmich.org/>

SAMHSA DISASTER DISTRESS HELPLINE

SAMHSA has opened a helpline to discuss stress as a result of COVID-19.

1-800-985-5990

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

TRAINING AND TREATMENT INNOVATIONS

Provides outpatient therapy for issues such as depression, anxiety, alcohol and drug use, co-dependency, behavior disorders, phobias, employment problems, Post Traumatic Stress Disorder, grief and loss, stress disorders, divorce/separation problems and marriage and family problems.

248-969-9932

<http://ttiinc.org/>

UNEMPLOYMENT

MICHIGAN TALENT INVESTMENT AGENCY - UNEMPLOYMENT INSURANCE

Provides partial income replacement for a limited period of time for eligible individuals who become unemployed due to Covid-19 pandemic. Also provides a mechanism for problem resolution.

866-500-0017

https://www.michigan.gov/leo/0,5863,7-336-78421_97241---,00.html

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

STATE OF MICHIGAN

Expanded unemployment benefits for Michigan workers during COVID-19.

800-638-3994

https://www.michigan.gov/coronavirus/0,9753,7-406-98158-521770--,00.html?link_id=6&can_id=b4c14bfa2c40cd59ba1161439b9de074&source=email-covid-19-making-sure-youre-informed&email_referrer=email_753230___subject_1007761&email_subject=what-do-you-need-right-now-re-coronavirus

HOUSING

DISABILITY NETWORK OAKLAND AND MACOMB

Provides brief housing case management and intensive, short-term housing services to very low-income Veteran families who are homeless or at risk of becoming homeless. Services may include assistance in securing housing and time-limited payments for rent and utility deposits.

586-268-4160

<http://www.dnom.org/>

LIGHTHOUSE

Provides short-term rental assistance (1-6 months) to assist low-income individuals and families experiencing homelessness in Oakland County.

248-809-3773

<https://www.lighthousemi.org/update-on-covid-19/>

MICHIGAN 2-1-1

Free service that connects residents to a variety of local resources for shelter, food, bills, childcare and more.

2-1-1

<https://www.mi211.org/>

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES – STATE EMERGENCY RELIEF

Provides housing assistance which may include money for rent, rent arrearage, security deposits, utility security deposits and moving expenses for individuals and families.

248-975-5700

<http://www.michigan.gov/mdhhs>

NEIGHBOR FOR NEIGHBOR

Provides emergency financial assistance up to \$300 no more than once per year for those in emergency situations based on evaluation of need. Assistance may include rent assistance to prevent evictions, rental deposit assistance, utility assistance to prevent shut offs and medical bill payment assistance.

248-634-0900

<http://neighborforneighbor.net/>

OAKLAND LIVINGSTON HUMAN SERVICE AGENCY (OLHSA)

Provides assistance with rent, housing, utilities, and mortgage payments.

248-209-2600

<https://www.olhsa.org/>

THE SALVATION ARMY

May be able to provide assistance with rental expenses.

<https://salmich.org/>

TROY PEOPLE CONCERNED

Provides limited rent, mortgage, and utility bill assistance when available. Assistance is provided one time only.

248-528-9199

<http://troypeopleconcerned.org/>

WAYNE METROPOLITAN COMMUNITY ACTION AGENCY

Assistance with housing bills.

313-388-9799 (Detroit residents); 734-284-6999 (Out Wayne); 313-873-6000 (Main Office)

<https://www.waynemetro.org/>

ENERGY

CATHOLIC COMMUNITY RESPONSE TEAM

Provides utility assistance for low-income households that have an approved State Emergency Relief (SER) application. Clients not qualified for SER assistance may receive utility payment assistance from donated funds.

248-499-9621

<https://ccresponseteam.weebly.com/>

CONSUMERS ENERGY

*Suspending all shutoffs for low-income customers and seniors through April 5, 2020.
Stay tuned to Michigan Radio for updates.*
<https://www.consumersenergy.com/company/media/news-and-information/emergency-response>

DTE ENERGY

*Suspending all shutoffs for low-income customers and seniors through April 5, 2020.
Stay tuned to Michigan Radio for updates.*
<https://newlook.dteenergy.com/wps/wcm/connect/dte-web/quicklinks/footer/covid19-response>

THE HEATH & WARMTH FUND (THAW)

Utility assistance partnership with agencies across the state of Michigan.
1-800-866-8429
<https://thawfund.org/>

LIGHTHOUSE

Provides assistance to low income individuals and families in order to prevent disconnection of utility service, including gas, electric, and deliverable fuel. The agency can only assist with one bill and may have a cap on the amount of assistance.
248-620-6116
<https://www.lighthousemi.org/update-on-covid-19/>

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES – STATE EMERGENCY RELIEF

Provides financial assistance to low-income households who meet eligibility requirements when heating, electric or water service has been or will be shut off.
248-975-5700
<http://www.michigan.gov/mdhhs>

NEIGHBOR FOR NEIGHBOR

Provides emergency financial assistance up to \$300 no more than once per year for those in emergency situations based on evaluation of need. Assistance may include rent assistance to prevent evictions, rental deposit assistance, utility assistance to prevent shut offs and medical bill payment assistance.
248-634-0900
<http://neighborforneighbor.net/>

OAKLAND LIVINGSTON HUMAN SERVICE AGENCY (OLHSA)

OLHSA offers two programs for utility assistance - the Michigan Energy Assistance Program (MEAP) and Consumers Affordable Resource for Energy (CARE). MEAP provides a one-time payment assistance and self-sufficiency supports for those needing utility assistance. Alternatively, CARE offers a two-year, monthly bill credit of up to 40% of monthly energy charges for low income customers. Enrollees will have access to further energy-saving tips and/or resources.

248-479-6516

<https://www.olhsa.org/>

PENFED FOUNDATION

Heating fuel and electric service payment assistance for all veterans, active military service members, and those currently serving in the Reserves and the National Guard who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic.

800-558-9224 (toll free)

<https://www.penfedfoundation.org/>

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES – STATE EMERGENCY RELIEF

State Emergency Relief can include help with rent payment, rental deposits, utility bills, moving expenses and more.

(586)469-7700

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5531_62127---,00.html

MICHIGAN BRIDGES

Michigan Energy Assistance Program application.

(844)799-9876

https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

THE SALVATION ARMY

Provides utility assistance for residents through different utility assistance programs.

<http://www.salmich.org/>

SOUTHFIELD HUMAN SERVICES DEPARTMENT

Provides referrals, consultations, and limited one-time financial assistance to residents. Assists with funding to prevent court ordered evictions and utility shutoffs.
248-796-4540
<http://www.cityofsouthfield.com/>

TROY PEOPLE CONCERNED

Provides limited rent, mortgage, and utility bill assistance when available. Assistance is provided one time only.
248-528-9199
<http://troypeopleconcerned.org/>

WAYNE METROPOLITAN COMMUNITY ACTION AGENCY

Assistance with heat bills.
313-388-9799 (Detroit residents); 734-284-6999 (Out Wayne); 313-873-6000 (Main Office)
<https://www.waynemetro.org/>

FOOD

ACTIVE FAITH COMMUNITY SERVICES

Offers emergency food. Established clients may shop twice a month.
248-437-9790
<https://www.activefaithcs.org/>

ALL SAINTS EPISCOPAL CHURCH

Provides a free community breakfast program for individuals and families. A typical breakfast consists of a variety of cereals, hot oatmeal, turkey sausage, hard boiled eggs, yogurt, granola bars, fresh fruit, a selection of breads, coffee and juice.
248-334-4571
<https://www.allsaintspontiac.org/>

AREA AGENCY ON AGING 1-B

Maintains a listing of agencies that deliver meals and/or liquid nutrition supplements to homebound older adults that would otherwise have no means of preparing a meal, shopping for groceries or traveling to a meal in a congregate setting. Deliveries available up to five days per week.
248-357-2255
<https://aaa1b.org/>

BALDWIN CENTER

Distributes targeted surplus commodities stockpiled by the federal government to seniors and material support infants such as diapers, wipes, formula and baby food.

248-332-6101

<https://www.baldwincenter.org/>

BIRMINGHAM NEXT

Delivers prepared meals from Emerald Foods to seniors who are unable to shop and prepare the food for themselves.

248-689-0001

<https://birminghamnext.org/>

CARES OF FARMINGTON HILLS

Drive-up food pantry only Tues, Wed, Fri 9:30am-2:30pm. Provides monthly food to people in need.

248-882-7800

<http://caresfh.org/contact/>

CATHOLIC COMMUNITY RESPONSE TEAM

Food pantry that offers non-perishable food items to low-income individuals and families.

248-499-9621

<https://ccresponseteam.weebly.com/>

CHURCH OF THE HOLY SPIRIT

Operates a client-choice pantry that is stocked using parishioner donations. COVID-19 Update: No walk-in service available. Must call for an appointment. Delivery and other emergency assistance available.

248-887-1441

<https://www.holyspirithighland.com/1/350/index.asp>

CLAWSON PARKS AND RECREATION - SENIOR CENTER

Provides emergency food for older adults during COVID-19 outbreak.

248-583-6700

<http://www.cityofclawson.com/senioradultprograms.htm>

COMMUNITY SHARING

Food pantry that provides packages of food to low-income individuals and families that typically contain baked goods; fresh produce; dairy products such as milk, cheese and eggs; dry and canned goods; and frozen chicken, pork, or beef. Occasionally

baby items, personal care items, and pet food are also available. Packages are based on family size. COVID-19 Update: Please call ahead. Drive-up only.

248-889-0347

<https://www.community-sharing.org/>

FIRST CONGREGATIONAL CHURCH OF CLARKSTON

Provides food pantry items to individuals and families in need. May visit once per month, up to twelve times per year.

248-394-0200

<http://fcclarkston.com/>

FORGOTTEN HARVEST

Picks up and distributes prepared and perishable food to emergency food providers in the metro Detroit area. Food is not distributed directly to individuals.

248-268-7501

<https://www.forgottenharvest.org/>

GLEANERS COMMUNITY FOOD BANK OF SOUTHEASTERN MICHIGAN

Accepts, gathers, sorts, stores and distributes to participating charitable agencies, surplus food products and edible but unmarketable food that has been acquired from growers, grocers and other sources.

866-453-2637

<https://www.gcfb.org/>

GOOD SHEPHERD LUTHERAN CHURCH

Provides a client choice food pantry with healthy foods such as milk, fruits, vegetables, cheese, butter, yogurt, and a variety of pantry food items and personal products to individuals and families that reside in Oakland County, once every 30 days.

248-548-3111

<http://www.goodshepherdro.org/food-pantry>

HOSPITALITY HOUSE

Offers a client choice pantry where individuals may sign up to shop twice per month. Offers boxed, canned, fresh, bakery and frozen food items as well as personal care items. COVID-19 Update: Only opened Mon 12noon-7pm, Thu 10am-2pm, Sat 11am-2pm. Drive-up only.

248-960-9975

<https://www.hhfp.org/>

LIGHTHOUSE

Provides pantry food items, as well as baby items to low-income parents. COVID-19 Update: Can access pantry services every other week. Please complete an online form (listed below) or call and place an order within 24-hour notice.

248-920-6000

<https://lighthousemi.org/emergency-food-donations/>

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

MICHIGAN BRIDGES

State food assistance application. Michigan is currently providing maximum household allowances to those receiving SNAP benefits.

844-799-9876

https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES – FOOD ASSISTANCE PROGRAM (FOOD STAMPS/SNAP)

Federally funded program administered locally by the county or the state that enables low-income and indigent households to obtain an electronic benefit transfer (EBT) card. Can be used in most grocery stores to purchase food.

248-975-5700

<http://www.michigan.gov/mdhhs>

MICHIGAN DEPARTMENT OF EDUCATION

Offers a list of all locations currently providing meals to students out of school unexpectedly.

517-241-7001 OR 517-373-3324

<https://www.mcgi.state.mi.us/schoolnutrition/>

MICHIGAN MUSLIM COMMUNITY COUNCIL

Offering free grocery delivery service to seniors and other vulnerable populations.

734-210-0316

<https://www.mimuslimcouncil.org/covid-19-support>

MICHIGAN STATE UNIVERSITY EXTENSION SERVICES - OAKLAND COUNTY

Offers coupons to seniors that can be used to purchase Michigan grown produce, herbs and honey at participating farmer's markets.

248-858-0880

<https://www.canr.msu.edu/oakland/county-extension-office>

NEIGHBOR FOR NEIGHBOR

Provides a client choice food pantry where individuals in need may shop for items.

COVID-19 Update: Only open Wed 9am-1pm. Drive-up only.

248-634-0900

<http://neighborforneighbor.net/>

OAKLAND COUNTY HEALTH DIVISION

Provides nutritious foods, nutrition education, breastfeeding support, and referrals to improve and support clients' health.

248-858-1272

<http://www.oakgov.com/health>

OAKLAND LIVINGSTON HUMAN SERVICE AGENCY (OLHSA)

Provides federally funded, high-protein, non-perishable food to income-eligible individuals and families through The Emergency Food Assistance Program (TEFAP), as well as nutritious foods, nutrition education, breastfeeding support, and referrals to improve and support clients' health.

248-209-2659

<https://www.olhsa.org/>

OPEN DOOR OUTREACH CENTER

Offers a monthly, client choice pantry and emergency food. Accepts food donations.

COVID-19 Update: Drive-up only.

248-360-2930

<https://opendooroutreachcenter.com/>

OPEN HANDS FOOD PANTRY

Provides emergency food and toiletries to residents of Oakland County. Recipients are provided with a supply of groceries based upon the number, ages, and special needs of members in the household. COVID-19 Update: Drive-up only.

248-546-1255

<https://openhandspantry.org/>

OXFORD ORION FISH

Provides emergency groceries to last 5-7 days. Pantry offers clients the necessities found in most households such as personal hygiene, shampoo/conditioner, shaving cream, razors, cereal, eggs, milk, meat, bread, beverages, snack treats, pasta, canned goods, garbage bags and Kleenex. Clients may receive food once per month.

248-628-3933

<https://oxfordorionfish.org/index.html>

RENAISSANCE VINEYARD CHURCH

Provides food and clothing to low income individuals and families and surrounding communities.

248-545-4664

Web link not available

ROCHESTER AREA NEIGHBORHOOD HOUSE

Provides food assistance once a month up to six times a year per family. Food orders are customized to meet specific dietary health needs and enough food is supplied to last 10-14 days. COVID-19 Update: Only open Mon & Tue 11:30am-3pm. Drive-up only.

248-656-4904

<http://www.ranh.org/>

SAINT DAMIEN OF MOLOKAI PARISH

Food pantry that offers food assistance once every three months to Pontiac residents in need.

248-332-0283

<https://www.st-damien.org/>

SAINT PAUL LUTHERAN CHURCH

Offers a food pantry to anyone in need. The pantry can be accessed once a month.

248-541-0613

<http://www.stpaulroyaloak.org/>

SALVATION ARMY - EASTERN MICHIGAN DIVISION

Acquires food products through donations, canned food drives, food bank programs, or direct purchase and distributes the food to individuals who are in emergency situations. COVID-19 Update: Clients will be receiving prepacked boxes. Ring doorbell. Clients will not be permitted inside during COVID-19 crisis.

248-477-1153

<http://www.salmich.org/>

SALVATION ARMY - PONTIAC

Acquires food products through donations, canned food drives, food bank programs, or direct purchase and distributes the food to individuals who are in emergency situations. COVID-19 Update: Clients will be receiving prepacked boxes. Ring doorbell. Clients will not be permitted inside during COVID-19 crisis.

248-334-2407

<http://www.salmich.org/>

SALVATION ARMY - ROYAL OAK

Acquires food products through donations, canned food drives, food bank programs, or direct purchase and distributes the food to individuals who are in emergency situations. COVID-19 Update: Clients will be receiving prepacked boxes. Ring doorbell. Clients will not be permitted inside during COVID-19 crisis.

248-585-5600

<http://www.salmich.org/>

SOUTHFIELD HUMAN SERVICES DEPARTMENT

Provides food on a quarterly basis (four times per year) to eligible households.

248-796-4542

<http://www.cityofsouthfield.com/>

TROY PEOPLE CONCERNED

Provides a food pantry. Food boxes typically contain boxed and canned goods and eligible families may receive assistance no more than once every three months.

248-528-9199

<http://troypeopleconcerned.org/>

TROY RECREATION DEPARTMENT

Serves as a distribution site for surplus food commodities stockpiled by the federal government. Commodities are provided to income eligible seniors once a month.

248-524-3484

<http://rec.troy.mi.gov/>

WELLNESS PLAN MEDICAL CENTERS

Provides a supplemental food program for women who are pregnant or breastfeeding and for children birth-five years of age. Offers coupons for basic foods like formula, milk, eggs, cheese, cereals, and juice.

248-967-6500

<http://wellplan.com/>

YAD EZRA

Distributes a supplemental package filled with nutritious and well-balanced Kosher foods and toiletries to low-income, Jewish individuals and families once every four weeks.

248-548-3663

<https://www.yadezra.org/>

ZION LUTHERAN CHURCH

Provides food packages to individuals and families in need. Packages typically contain non-perishable food and occasionally fresh perishable foods. Distribution of food occurs once per month.

248-398-5510

<https://www.zionlutheranmi.org/foodpantry>

WATER

DETROIT WATER & SEWAGE DEPARTMENT

Working to restore home water services. Visit their webpage for the City of Detroit's "Coronavirus COVID-19 Water Restart Plan" and instructions for your water turn on service. Also offers a 10/30/50 payment plan for customers with past due balances and/or are delinquent on accounts.

313-267-8000

<https://detroitmi.gov/departments/customer-care/water-and-sewerage-department/coronavirus-covid-19-water-restart-plan>

THE HEATH & WARMTH FUND (THAW)

Utility assistance partnership with agencies across the state of Michigan.

1-800-866-8429

<https://thawfund.org/>

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES – STATE EMERGENCY RELIEF

Provides financial assistance to low-income households who meet eligibility requirements when heating, electric or water service has been or will be shut off.

248-975-5700

<http://www.michigan.gov/mdhhs>

NEIGHBOR FOR NEIGHBOR

Provides emergency financial assistance up to \$100 no more than once per year for those in emergency situations based on evaluation of need.

248-634-0900

<http://neighborforneighbor.net/>

PENFED FOUNDATION

Water service payment assistance for all veterans, active military service members, and those currently serving in the Reserves and the National Guard who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic.

800-558-9224 (toll free)

<https://www.penfedfoundation.org/>

THE SALVATION ARMY

May provide assistance with water bill payments or shutoff costs.

<http://www.salmich.org/>

WATER ACCESS VOLUNTEER EFFORT (WAVE) FUND

Assistance with access to safe drinking water and sanitation services for low-income families during crisis. When funds are available, WAVE provides up to \$500 to enter the DWSD 10/30/50 Payment Plan.

313-267-8000

<https://detroitmi.gov/departments/water-and-sewerage-department/bill-assistance-and-credits/how-do-i-keep-my-water-flowing>

WATER RESIDENTIAL ASSISTANCE PROGRAM (WRAP)

Financial assistance for residential water.

313-386-9727

<https://www.waynemetro.org/wrap/>

WAYNE METROPOLITAN COMMUNITY ACTION AGENCY

Provides service restoration and payment assistance to Detroit Water and Sewerage Department customers who have had their service interrupted due to nonpayment or is at risk of shut-off. The State of Michigan will pay the \$25 fee to restore service for 30 days. After 30 days, households will pay \$25 monthly to keep their services on. Past due amounts do not need to be paid until after the COVID-19 situation passes.

313-388-9799 (Detroit residents); 734-284-6999 (Out Wayne); 313-873-6000 (Main Office)
<https://www.waynemetro.org/>

EMERGENCY FINANCIAL RELIEF

MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES STATE EMERGENCY RELIEF PROGRAM

Up to \$175 per year in assistance to qualifying low-income households.
2-1-1

https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US

MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES EMERGENCY SERVICES

Provides additional assistance beyond State Emergency Relief.
2-1-1

https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US

PENFED FOUNDATION

Financial assistance for all veterans, active military service members, and those currently serving in the Reserves and the National Guard who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic. Payment assistance includes automobile, heating fuel, mortgage, rent, water, and electric service.

800-558-9224 (toll free)

<https://www.penfedfoundation.org/>

UNITED STATES SMALL BUSINESS ADMINISTRATION – MICHIGAN DISTRICT OFFICE

Business disaster loans for small businesses or private, non-profit organizations that suffer substantial economic injury as a direct result of the declared disaster COVID-19 pandemic.

313-226-6075

<https://www.sba.gov/funding-programs/disaster-assistance>

TRANSPORTATION

CLAWSON PARKS AND RECREATION - SENIOR CENTER

Provides door-to-door (or curb-to-curb) transportation for purpose of medical appointments, shopping, banking, social events, and other similar activities for older adults and disabled individuals who need special accommodations and are unable to utilize other available means of transportation.

248-583-6700

<https://www.cityofclawson.com/senioradultprograms.htm>

LYFT

App based transportation service. Practicing safety and cleanliness in response to COVID-19.

<https://www.lyft.com/safety/coronavirus#community-health>

PACE OF SOUTHEAST MICHIGAN

Service for seniors providing transportation for non-emergency medical appointments.

855-445-4554

<http://www.pacesemi.org/pace-services>

OAKLAND LIVINGSTON HUMAN SERVICE AGENCY (OLHSA)

Provides comprehensive HIV/AIDS services including: transportation, food vouchers, nutrition counseling, support groups and counseling, light housekeeping for the medically fragile, medical case management, information, referrals and linkages.

248-209-2626

<https://www.olhsa.org/>

SMART BUS SERVICE

Public transportation in Macomb County. Operating on a reduced schedule and utilizing sanitation services.

866-962-5515

<https://www.smartbus.org/About/News/effective-tuesday-march-31-2020>

UBER

App based transportation services. Offering 24/7 service to healthcare workers and safe, clean rides for other essential workers in response to COVID-19.

<https://www.uber.com/us/en/coronavirus/>

INTERNET & CELL PHONE SERVICES

AT&T

AT&T expanded eligibility to their Access from AT&T to any household participating in the National School Lunch Program and Head Start. AT&T customers will receive two months free service.

<https://about.att.com/pages/COVID-19.html>

COMCAST

New Comcast customers will receive two months of free service. Comcast's Internet Essentials packages have increased data speeds and suspended broadband data caps for homes during the crisis.

<https://www.internetessentials.com/>

XFINITY WIFI PUBLIC HOTPOTS

Xfinity WiFi Public Hotpots are now open to everyone on the "xfinitywifi" SSID.

<https://wifi.xfinity.com/>